

FALL POOL SCHEDULE 2008

MONDAY			TUESDAY				WEDNESDAY				THURSDAY				FRIDAY			SATURDAY			SUNDAY									
Lap Swim 4 Lanes 6:00-9:00			Lap Swim 4 Lanes 6:00-9:00		Swim Team 2 Lanes 6:00-7:00		Lap Swim 4 Lanes 6:00-9:00		Lap Swim 4 Lanes 6:00-9:00		Swim Team 2 Lanes 6:00-7:00		Lap Swim 4 Lanes 6:00-9:00																	
Water Walking 1 9:00-9:30		2 L A P	Joints-N-Motion 9:00-10:00		Healthy Back 9:00-9:45		2 L A P	Water Walking 1 9:00-9:30		2 L A P	Joints-N-Motion 9:00-10:00		Healthy Back 9:00-9:45		2 L A P	Water Walking 1 9:00-9:30			Lap Swim 8:00-9:00											
Hydroslimnastics 9:30-10:30			Aqua Butts & Gutts 10:00-10:30		Pre-Natal 9:45-10:30			Hydroslimnastics 9:30-10:30			Aqua Butts & Gutts 10:00-10:30		Pre-Natal 9:45-10:30			Hydroslimnastics 9:30-10:30						Preschool Lessons 9:00-9:45								
Water Walking 2 10:30-11:00			Arthritis Swim 10:30-11:15		Preschool Lessons 10:30-11:15			Water Walking 2 10:30-11:00			Arthritis Swim 10:30-11:15		Rental 10:30-11:30			Water Walking 2 10:30-11:00						Youth Lessons 9:45-10:30								
Rental 2 Lanes 11:00-1:00		Lap Swim 4 Lanes 11:00-1:00		Senior Aerobics 3 Lanes 11:30-12:30		Lap Swim 3 Lanes 11:30-3:00		Arthritis Plus 2 Lanes 11:00-12:00		Lap Swim 3 Lanes 11:00-3:00		Senior Aerobics 3 Lanes 11:30-12:30		Lap Swim 3 Lanes 11:30-3:00		(Rental) Special Population 12:30-1:30		Silver Splash 11:15-12:00		Parent & Child Lessons 10:30-11:00										
Family Pre-School Swim 2 Lanes 1:00-3:00		Lap Swim 4 Lanes 1:00-3:00		Special Population 12:30-1:30		Family Preschool Swim 1:30-3:00		Preschool Lessons 12:45-1:00		Family Preschool Swim 1:30-3:00		Special Population 12:30-1:30		Family Preschool Swim 1:30-3:00		(Rental) Home School 12:30-2:00		Rental 3 lanes 2:00-3:00		Rental 2-3 Lanes 11:00-1:00		Teen Water Aerobics 11:00-12:00 2 Lanes		1						
Lap Swim Monday-Friday 3:00-4:00 pm until October 31, 2008. Pool Rental Monday-Friday 3:00-4:00 starting November 3, 2008.																Open Swim 2 Lanes 1:00-3:00		Rentals 2 Lanes 1:00-3:00		2 L A P		Lap Swim 6 Lanes 12:30-2:00								
Swim Team 4:00-6:30			Swim Team 4:00-6:00				Swim Team 4:00-6:30				Swim Team 4:00-6:00		1 L A P	Swim Team 4:00-6:30			Sept. 13- Nov. 22 ARC Pool Closed 3:00-5:00 All Other Dates Open Swim 3:00-5:00					Open Swim 2 Lanes 2:00-7:00		2 L A P						
Water Walking 3 6:30-7:00		Pre-School Lessons 6:30-7:15		Pike w/Parent Lessons 7:00-7:30		Preschool Lessons 6:15-7:00		Water Walking 3 6:30-7:00		Preschool Lessons 6:30-7:15		Pike w/Parent Lessons 7:00-7:30		Preschool Lessons 6:15-7:00		Water Walking 6:30-7:00						Swim Team 6:00-7:00 2 Lanes								
Aqua Butts & Gutts 7:00-8:00		Youth Lessons 7:15-8:00		Lap Swim 2 Lanes 7:00-8:00		Youth Lessons 7:00-7:45		Aqua Butts & Gutts 7:00-8:00		Youth Lessons 7:15-8:00		Lap Swim 2 Lanes 7:00-8:00		Youth Lessons 7:00-7:45		Aqua Butts & Guts 7:00-8:00														
Water Kickboxing 8:00-8:30		Open Swim 8:00-9:00 2 Lanes		Open Swim 8:00-9:00 2 Lanes		Rental 8:00-9:00 2 Lanes		2 L A P		Open Swim 8:00-9:00 2 Lanes		Rental 2 Lanes 8:00-9:00		Open Swim 8:00-9:00 2 Lanes		Adult /Teen Volleyball 2 Lanes 7:00-9:00		Open Swim 8:00-9:00 2 Lanes		2 L A P		Open Swim 2 Lanes 5:00-7:30			Rentals 2 Lanes 5:00-7:30		2		Rental Pool Closed	
Rental 8:00-9:00 2 Lanes																														

Please note: We reserve the right to change the number of lap & class lanes available at any time. You will be asked to wait or share a lane if the pool is crowded at these times.
ALL CHILDREN NOT POTTY TRAINED MUST WEAR A SWIM DIAPER.